



IDAHO FAMILY  
READING WEEK  
2021



**BELIEVE**  
**AND**  
**ACHIEVE**  
**STUDENT JOURNAL** **4<sup>TH</sup> - 7<sup>TH</sup>**

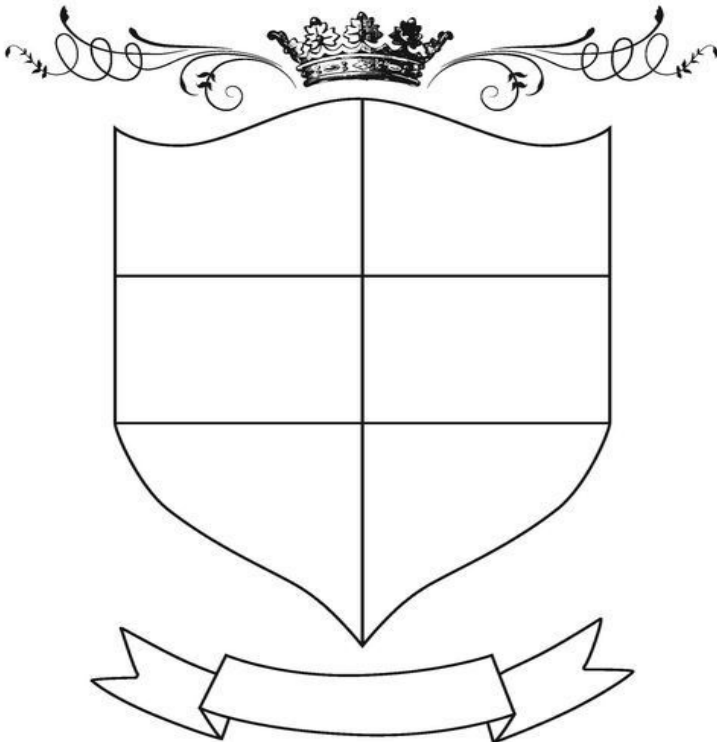
**This journal belongs to:**

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**What makes you, you?**

Design a "Personal Coat of Arms" that illustrates some of the most important things about you. Fill in the template below with six things that describe who you are and what you represent. Consider including: personal interests, achievements, where you are from/about your family, a special talent, your favorite subject, your goals, or a motto (a phrase that expresses a belief or purpose.)

**PERSONAL COAT OF ARMS**



## SELF-REFLECTION

What's your favorite thing to do? Why do you like this activity? What is challenging about it? What do you hope to accomplish with it one day? Add a drawing too if you like.



## SELF-REFLECTION

What is the best book you've ever read? Why did you like it?  
Did reading the book change you in any way? What way?





## ROLE MODELS

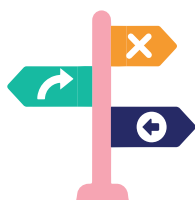
Who in your life do you admire? Who has been a role model or a mentor to you? Write a thank you letter to this person. Tell them how they have helped you.

Dear \_\_\_\_\_,



## DECISION MAKING

Write about a time in your life when you struggled with a choice and made the right one. Is there another time when you made the wrong choice? What did you learn from these experiences?



## ***PROBLEM SOLVING***

Write about a time when you were faced with a problem, and you had to deal with it. Did you talk to someone about the problem?  
How did you feel after the problem was solved?



# EXPECTATIONS

What would you like to be/do when you grow up? What career is your ultimate job and why? What steps do you think you will need to take to be successful at this job in the future?





## GOAL SETTING

Write about a time when you worked really hard at something in order to achieve a goal. Did you reach your goal?



## ***YOUR ACHIEVEMENT***

What do you consider your greatest accomplishment to date and why? What steps did you take to prepare for this achievement?  
How did this achievement make you feel?



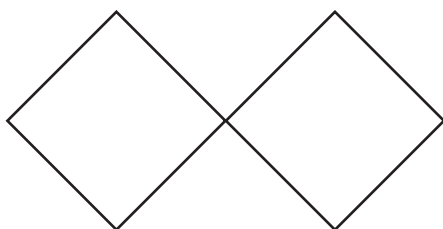
## ***FREE WRITE OR DRAW SPACE***

Use this space to draw or write about anything you want. Here are some ideas for you:

- Describe or draw your perfect day. Include as many details as you can. Try to make it a possible day, not a “dreamy” day.
- Three goals I have set for myself this year are: \_\_\_\_\_
- If you could study one subject in school that wasn’t offered, what would it be and why?

# DOODLE CHALLENGE

**Can you complete this random doodle by making something awesome out of it?**



INSTITUTE of  
**Museum and Library**  
SERVICES

Idaho Family Reading Week is brought to you by the Idaho Commission for Libraries, the Institute of Museum and Library Services, and your local library.